



Henry Sibley Warrior Boys Hoops High School Summer Workouts 2019

Welcome to the 2019 version of our summer workouts! These workouts are skill development workouts run by the Henry Sibley high school coaches and geared toward helping our players improve their skill and basketball IQ in the off season. Because of the high level of expectations both mentally and physically, these workouts are meant for serious players who are willing to put a lot of time and effort into improvement. They are not meant for traditional "fun" but rather for players to experience satisfaction by improving their skill level and basketball

Please fill out and return the below form to sign up for the workouts.

Henry Sibley High School Workout Information

Location: Heritage Middle School

Time: M/W 10:30-12:30; T/Th 12:00-2:00

Dates: M-Th in June & July starting June 11th

Cost: \$75

Player's Name: _____ Current Grade ('18-19 School Year): _____

Address: _____

Parent/Guardian Names: _____, _____

Parent E-Mail(s): _____, _____

Parent Phone Number(s): _____, _____

_____ I have enclosed payment (**Checks to: Henry Sibley Boys Basketball Boosters**)

_____ I need to set up a payment plan or apply for financial aid.

As the parent/guardian of _____ I give him permission to participate in the Henry Sibley Boys Basketball Workouts. I acknowledge that physical activity comes with risks and I agree to not hold the coaches, Henry Sibley High School, District 197, or anyone else liable for any injury, death, or damages that may occur. I also will allow workout personnel to contact 911 for my child if needed.

Signed: _____

Date: _____

Questions: Contact Head Coach John Carrier at John.Carrier@isd197.org

Return Completed form to: John Carrier - Head Boys Basketball Coach
1897 Delaware Ave,
Mendota Heights, MN 55118